

Why are you seeking help for this child?

1. _____
2. _____
3. _____

Developmental History of this child:

Any complications with pregnancy: ___ no ___ yes: explain: _____

Fetal exposure to substances (check all that apply): ___ Nicotine ___ Alcohol ___ Drugs ___ Toxins ___ other: _____

Any complications with labor: ___ no ___ yes: explain: _____

Medical complications at birth requiring medical care: ___ no ___ yes: explain: _____

Birth: ___ full term ___ early (born at how many weeks: _____) ___ late (born at how many weeks: _____)

Birth weight: _____ Delivery: ___ vaginal ___ C-Section

Mother's health after delivery: ___ normal ___ problems: _____

Mother experience any significant post-delivery sadness/mood change: ___ no ___ yes

Child's developmental milestones (e.g., crawling, sitting, walking, talking): ___ on time ___ early ___ late

If late, please check which milestones were delayed: ___ motor (crawling, sitting, walking)

___ language (talking, putting words together) ___ social (attachments, playing, relationships)

Early temperament: ___ pleasant, even keel, flexible ___ irritable, inflexible, easily upset
___ unresponsive, aloof, withdrawn ___ hard to please, cried often, difficult to comfort
___ other: _____

Has this child ever been the victim of: Physical abuse? ___ no ___ yes
Verbal abuse ___ no ___ yes

Sexual abuse? ___ no ___ yes
Neglect ___ no ___ yes

Has this child ever witnessed violence: In the home? ___ no ___ yes

In the neighborhood? ___ no ___ yes

Medical History of this child:

Is this child currently being treated for any major medical conditions? ___ no ___ yes: (Please list condition, date diagnosed, treating physician): _____

Prior hospitalizations (Please list place, date, reason, outcome): _____

Sleep Difficulties falling asleep _____ Difficulties staying asleep _____ Hours of sleep _____ Wake up rested _____

Does your child currently take any medications? ___ no ___ yes (if yes, please complete below)

Current Medications For what? Dosage Frequency Date started Prescribing physician Comments

<i>Current Medications</i>	<i>For what?</i>	<i>Dosage</i>	<i>Frequency</i>	<i>Date started</i>	<i>Prescribing physician</i>	<i>Comments</i>

Child taking any over the counter medications/for what? _____

Past medications taken by this child/for what? _____

Does your child have any allergies? ___ no ___ yes: please list _____

Family History Please check if anyone in this child's family (including extended family) has had a history of:

	No	Yes	Mother's family	Father's family
Learning Disability				
Attention Deficit Hyperactivity Disorder (ADHD or ADD)				
Mental Retardation				
Tic Disorder or Tourette's Disorder				
Autism or Developmental Disability				
Anxiety (e.g. Panic Attacks, Generalized Anxiety)				
Obsessive Compulsive Disorder				
Major Depression				
Bipolar Depression				
Suicide (attempts and/or completions)				
Schizophrenia				
Psychiatric Hospitalization				
Severe behavior problems or criminal activities				
Chronic medical illness (please list) Examples: asthma, migraines, fibromyalgia, IBD				
Thyroid disease				
Seizures				
Cancer				
Heart Disease				
Autoimmune Disorders				
Alcohol or chemical dependency				
Other:				
Other:				

Please check medical issues your child has had either past or current:

PAST	CURRENT	CONDITION	DATE	PAST	CURRENT	CONDITION	DATE
___	___	Head Trauma/Injury	___	___	___	High Fevers	___
___	___	Loss of consciousness	___	___	___	Fainting Spells	___
___	___	Spaciness/confusion	___	___	___	Seizures	___
___	___	Motor Tics/Tourette's	___	___	___	Allergies	___
___	___	Encephalitis/meningitis	___	___	___	Immune System Disease	___
___	___	Drug use	___	___	___	Alcohol use	___
___	___	Respiratory Disease (<i>chronic cough, asthma</i>)	___	___	___	Cardiovascular Disease (<i>heart murmur, dizziness</i>)	___
___	___	Gastrointestinal Problems (<i>frequent vomiting, diarrhea</i>)	___	___	___	Genitourinary problems (<i>painful urination, wets the bed</i>)	___
___	___	Musculoskeletal problems (<i>muscle pain, joint pain</i>)	___	___	___	Skin problems (<i>rashes, severe acne, bruises</i>)	___
___	___	Hearing problems	___	___	___	Vision problems	___
___	___	Other: _____	___	___	___	Other: _____	___

Please check any that are significant concerns you have about your child at this time:

- | | | |
|-----------------------------|----------------------------------|--|
| ___ Pain management | ___ Low energy/fatigue | ___ Behavior problems |
| ___ Headaches/Stomach aches | ___ Depressed mood | ___ Problems making/keeping friends |
| ___ Issues with the law | ___ High risk behaviors | ___ Bullying/being teased |
| ___ Sibling relationships | ___ Homework time | ___ Morning time/Bed time |
| ___ Aggression | ___ Cruelty to animals | ___ Sexuality issues |
| ___ Sleep problems | ___ Anxiety/nervousness | ___ Cutting self/Self-harm |
| ___ Eating problems | ___ Hyperactive | ___ Impulsive (acts/speaks without thinking) |
| ___ Toileting problems | ___ Unusual Behaviors | ___ Distractible/Short Attention Span |
| ___ Lacks self-control | ___ Over-reacts/extreme feelings | ___ Poor problem solving |
| ___ Overly shy | ___ Irritable | ___ School problems |
| ___ Not affectionate | ___ Hides feelings | ___ Over-reliant on parents/others |
| ___ Fearful | ___ other: _____ | ___ other: _____ |

This child generally is: ___ compliant ___ not compliant. This child is compliant about ___% of the time.
 When not compliant, it is usually because my child: ___ has strong will/stubborn ___ doesn't understand/gets confused
 ___ gets distracted/forgets ___ likes to push my buttons ___ isn't able to comply ___ knows I won't follow-through
 Usual discipline technique(s): _____

Parents agree on discipline? ___ yes ___ no (explain: _____)

Please check any areas that may be stressful for your child now or within the last 6 months:

- | | | |
|----------------------------|------------------------------|---|
| ___ School | ___ Friendships | ___ Sibling relationships |
| ___ Living situation | ___ Dating relationships | ___ Family relationships |
| ___ Financial difficulty | ___ Family medical illnesses | ___ Mental health issues of family member |
| ___ Relocation/family move | ___ Death of loved one | ___ Divorce |
| ___ Other _____ | ___ Other _____ | ___ Other _____ |

How does your child usually cope with stress, worry, or other negative feelings? _____

What is your child's typical mood, on average: ___ ecstatic ___ happy ___ content ___ sad ___ irritable ___ aloof
Your child typically is: ___ easygoing, flexible ___ rigid, inflexible ___ somewhere in-between

Has your child seen a therapist, counselor, or psychologist before? ___ no ___ yes
Provider Name: _____ Type of service: _____
Phone: _____ Fax: _____ Date of services: from _____ to _____
Reason child saw this provider: _____

Please list some overall strengths of your child (i.e., what you enjoy the most about this child): _____

What is most difficult about raising this child _____

Education Information:

Current School: _____ Grade: _____ Primary Teacher: _____
School address: _____ City: _____ State: _____ Zip: _____
School phone number: _____ School fax number: _____
Child ever been retained in school? ___ no ___ yes: what grade: _____ how many times: _____
Child ever skipped a grade in school? ___ no ___ yes: what grade: _____
Child ever been expelled? ___ no ___ yes Suspended: ___ no ___ yes
Special Education Services? ___ no ___ yes-for what: _____
Has your child had a school evaluation for special education? ___ no ___ yes-date of last evaluation: _____
Individual Education Plan (IEP) in place? ___ no ___ yes-since when? _____ Renewal date: _____
Classroom accommodations under 504 Plan in place? ___ no ___ yes: Since when?: _____
Typical grades now: _____ in the past: _____
Any concerns about progress academically? ___ no ___ yes-explain: _____

Any concerns about relationships with teachers? ___ no ___ yes, explain: _____

Has your child missed school in the past year?(please circle)
1-10 days 11-25 days 26-50days 50+ days

Spiritual Orientation

Please list your family's spiritual orientation or religion: _____

How active are these beliefs in your life?
Very active Somewhat active Not very active

Additional comments or concerns:

Share some of your thoughts on your spiritual practice/religion (i.e. what are your beliefs, how have these beliefs impacted your child's health and well being).
