

ADULT INTAKE QUESTIONNAIRE

Please answer the questions as thoroughly as possible.

DATE \_\_\_\_\_

NAME \_\_\_\_\_ DOB \_\_\_\_\_

AGE \_\_\_\_\_ MARITAL STATUS \_\_\_\_\_

Current Primary Care Physician (PCP): \_\_\_\_\_

PCP Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Current Psychiatrist (if applicable): \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Reason for seeing this doctor:

Other health care provider currently involved with your care:

Name: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Reason child seen by this provider:

Please summarize in 3-5 sentences your main concerns at this time:

HAVE YOU EVER BEEN MARRIED? Y N IF SO, PLEASE DESCRIBE THE NUMBER AND DURATIONS OF EACH \_\_\_\_\_

DO YOU HAVE ANY CHILDREN? PLEASE LIST THEIR AGES AND WITH WHOM THEY LIVE.

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PLEASE LIST THE HIGHEST LEVEL OF SCHOOL YOU HAVE COMPLETED. \_\_\_\_\_

CURRENT AND PAST EMPLOYMENT \_\_\_\_\_

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HAVE YOU EVER HAD WORKED WITH A MENTAL HEALTH PROVIDER IN THE PAST? Y N  
NAMES AND DATES \_\_\_\_\_

**Please check any areas that may be stressful for you now or within the last 6 months:**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Work situation         | <input type="checkbox"/> Dating relationship    | <input type="checkbox"/> Marital relationship |
| <input type="checkbox"/> Financial difficulty   | <input type="checkbox"/> Family medical illness | <input type="checkbox"/> Parenting            |
| <input type="checkbox"/> Relocation/family move | <input type="checkbox"/> Death of loved one     | <input type="checkbox"/> Divorce              |
| <input type="checkbox"/> Parents/siblings       | Other _____                                     | Other _____                                   |

Describe current and past drug use \_\_\_\_\_

Describe current and past alcohol use \_\_\_\_\_

Have you ever tried to harm yourself ? Y N If so, please describe the incident, stressors which may have contributed to the incident, and when the incident occurred: \_\_\_\_\_

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Have you ever been sexually abused? Y N

Have you ever been physically abused? Y N

Have you ever been emotionally abused? Y N

Have you ever had basic needs neglected? Y N

MEDICAL HISTORY

ARE YOU BEING TREATED FOR ANY MEDICAL CONDITION? YES NO IF YES, PLEASE PROVIDE DIAGNOIS, MEDICATIONS AND TREATING HEALTH CARE PROVIDER. \_\_\_\_\_

\_\_\_\_\_

PRIOR HOSPITALIZATIONS (PLEASE LIST PLACE, DATE, REASON, OUTCOME): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Past Medical History:**

Please indicate if you have ever had problems with the following medical conditions.

\_\_\_ Chronic pain \_\_\_ Allergies \_\_\_ Tics \_\_\_ Auto immune

\_\_\_ Asthma \_\_\_ Glaucoma \_\_\_ Heart Problems \_\_\_ Seizures

\_\_\_ Cancer \_\_\_ Head Aches \_\_\_ Kidney Problems \_\_\_ Thyroid Problems

\_\_\_ Diabetes \_\_\_ Head Trauma \_\_\_ Liver Problems \_\_\_ Memory problems

Please describe the severity and time course for any of these conditions and describe any other medical conditions which were not listed above: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Current medications and supplements** \_\_\_\_\_

SLEEP DIFFICULTY FALLING ASLEEP \_\_\_\_\_ DIFFICULTY STAYING ASLEEP \_\_\_\_\_

HOURS OF SLEEP \_\_\_\_\_ WAKEUP RESTED \_\_\_\_\_

**Exercise ( Frequency and type)** \_\_\_\_\_

\_\_\_\_\_

**Family History Please *check* if anyone in your family (including extended family) has had a history of:**

NO      YES      Mother      Father

	NO	YES	Mother	Father
Learning Disability				
Attention Deficit Hyperactivity Disorder (ADHD or ADD)				
Mental Retardation				
Tic Disorder or Tourette's Disorder				
Autism or Developmental Disability				
Anxiety (e.g. Panic Attacks, Generalized Anxiety)				
Obsessive Compulsive Disorder				
Major Depression				
Bipolar Depression				
Suicide (attempts and/or completions)				
Schizophrenia				
Psychiatric Hospitalization				
Severe behavior problems or criminal activities				
Chronic medical illness (please list) Examples: asthma, migraines, fibromyalgia, IBD				
Thyroid disease				
Seizures				
Cancer				
Heart Disease				
Autoimmune Disorders				
Alcohol or chemical dependency				
Other:				

## Spiritual Orientation

Please list your spiritual orientation or religion: \_\_\_\_\_

How active are these beliefs in your life?

Very active

Somewhat active

Not very active

Additional comments or concerns:

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